

# CHO OYU

The most accessible 8000er



## Introduction

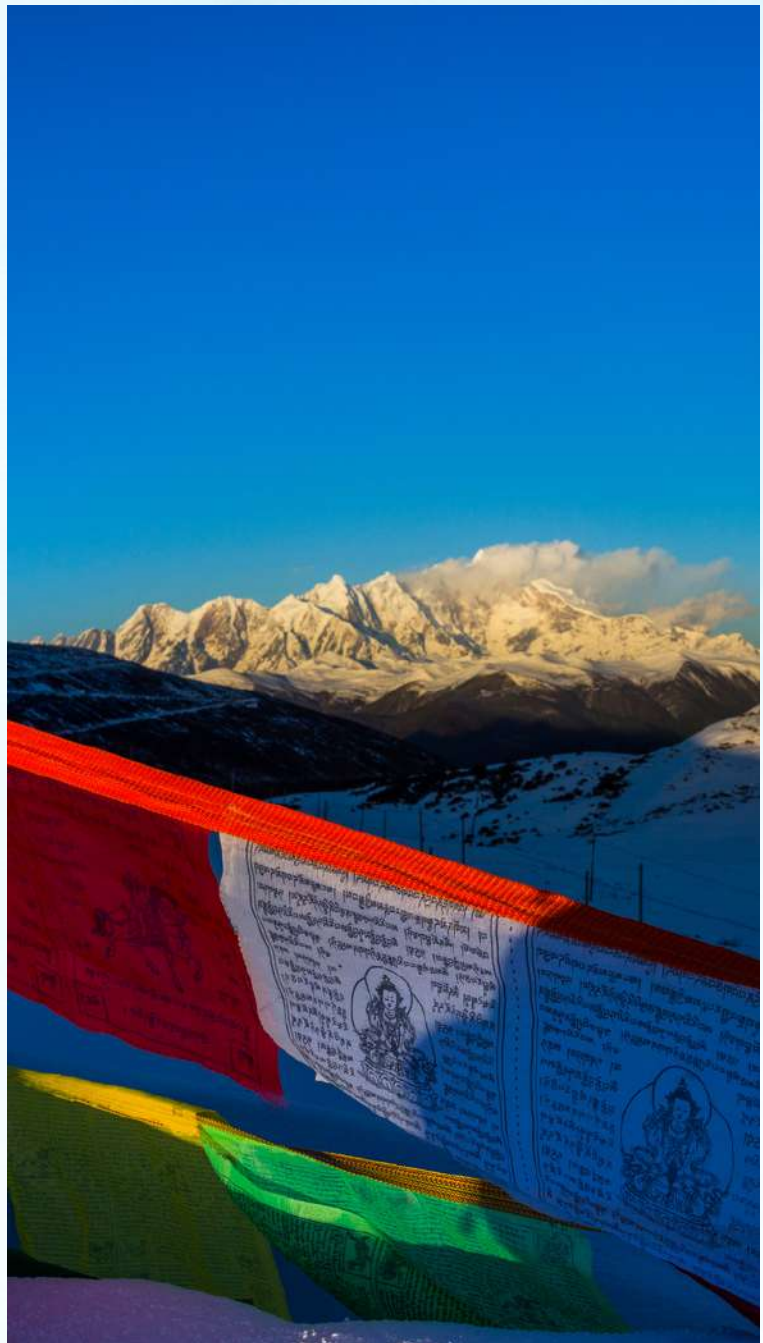
**Cho Oyu** at 8201 meters (26,906 feet) above sea level, is the **sixth-highest mountain** in the world. The Tibetan meaning of the word 'Cho Oyu' is "**Turquoise Goddess**", as it turns into a stunning, turquoise-colored peak after sunset. Standing atop the mountain, stunning views of the mountains in Tibet and Nepal are visible. A special feature of Cho Oyu is that it is considered as one of the **most accessible 8000ers** from the China side while the Nepal side is considered as among the toughest ones.

It is located in the heart of **Solukhumbu** district, 20 kilometers west of Mount Everest along the border of Nepal's Province No. 1 with **China's Tibet**. Among the 8000ers, it has the lowest death rate and the highest success rate. It is also the second most climbed eight-thousander after Everest.

Cho Oyu was first summited by the Austrian party led by Dr. Herbert Tichy putting Tichy, Jochler and **Pasang Dawa** on the summit in 1954. The expedition will start and end in Kathmandu.







## Mountain Facts

- **Elevation:** 8201 meters (26,906 feet)
- **Location:** Solukhumbu District, Nepal
- **Range:** Mahalangur Range; Khumbu Himal Sub Range
- **Rank:** 6th highest mountain in the world
- **Classification:** 8000er Ultra (UIAA)
- **Standard Climbing Route:** North-West Face

## Trip Facts

- **Duration:** 31 days
- **Starts in:** Kathmandu
- **Ends in:** Kathmandu
- **Climb Grade:** Challenging
- **Best Season:** Spring (Apr-May) and Autumn (Sep-Nov)
- **Activities:** Trekking and Mountaineering
- **Meal Plan:** Full Board (B/L/D)
- **Accommodation:** Tea Houses and Camping
- **Transportation:** International Flight



# Climbing History of Cho Oyu

- **1952** - First attempt of Cho Oyu by a British party led by Eric Shipton. Ed Hillary was a member of the expedition which couldn't pass 6600 meters.
- **1954** - First summit of Cho Oyu by Dr. Herbert Tichy, Joseph Jöchler and Pasang Dawa Lama (Sherpa) of an Austrian expedition via the north-west face.
- **1984** - Věra Komárková (USA) and Dina Štěrbová (Czechoslovakia) became the first women to summit Cho Oyu
- **1985** - A Polish duo made the first winter ascent of Cho Oyu
- **1994** - First solo ascent via the South West face by Yasushi Yamanoi.
- **1994** - Mexican Carlos Carsolio made the fastest ascent of Cho Oyu from the base camp to the summit in a mere 18 hours 45 minutes.
- **2014** – Expedition Himalaya's first commercial team successfully summited Cho Oyu



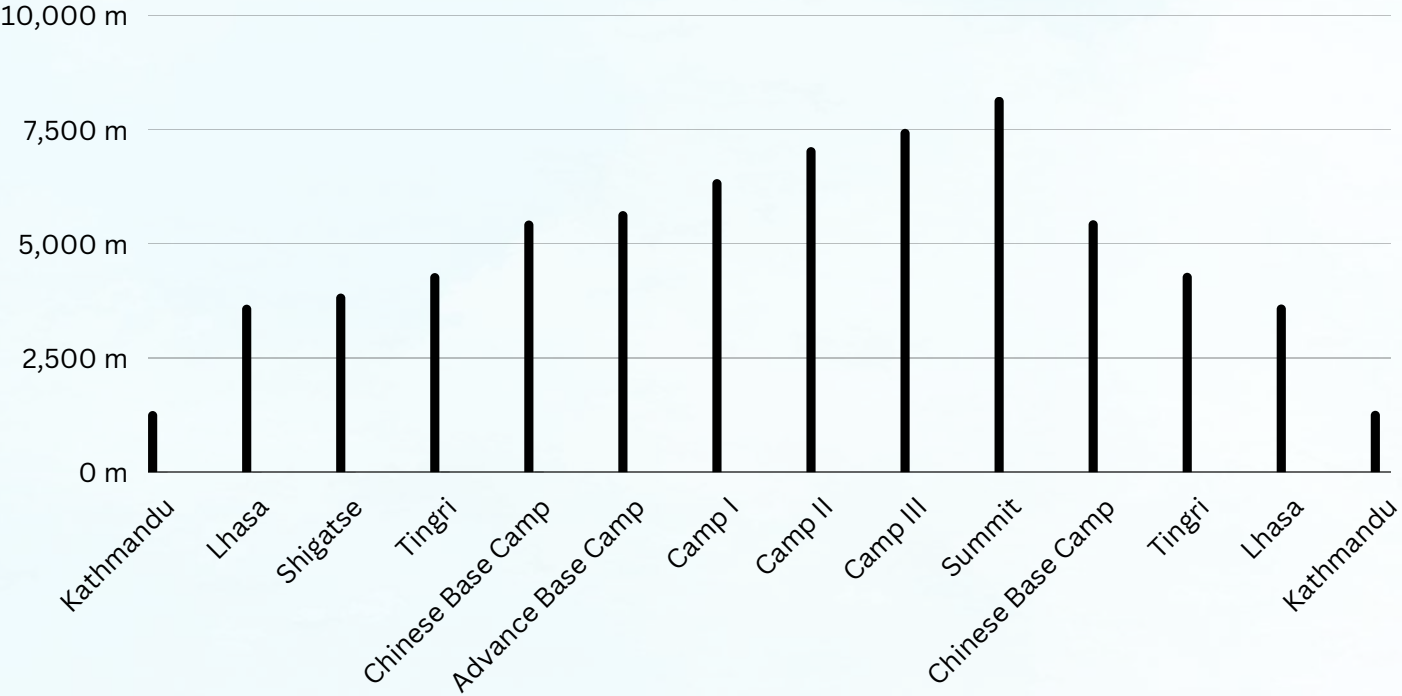
## Our Cho Oyu Special

- **Customizable packages** from normal to deluxe
- Highly qualified and **experienced climbing guides** and supporters' team
- **Full-proof documentation** so you don't have to worry a bit
- Every attempt to make your **summit dream** come true
- Visit the famous Tibetan cities of **Lhasa, Shigatse** and **Tingri**
- **Comfortable seated reserved vehicle** up the approach
- **Required numbers of porters** for the trek and 1:1 Sherpa during the climb
- Sustainable and **environment-friendly operation** module
- Expedition Himalaya is built on the foundation of **social principles**; we give back to the Himalayan communities as we make it.

# Brief Itinerary

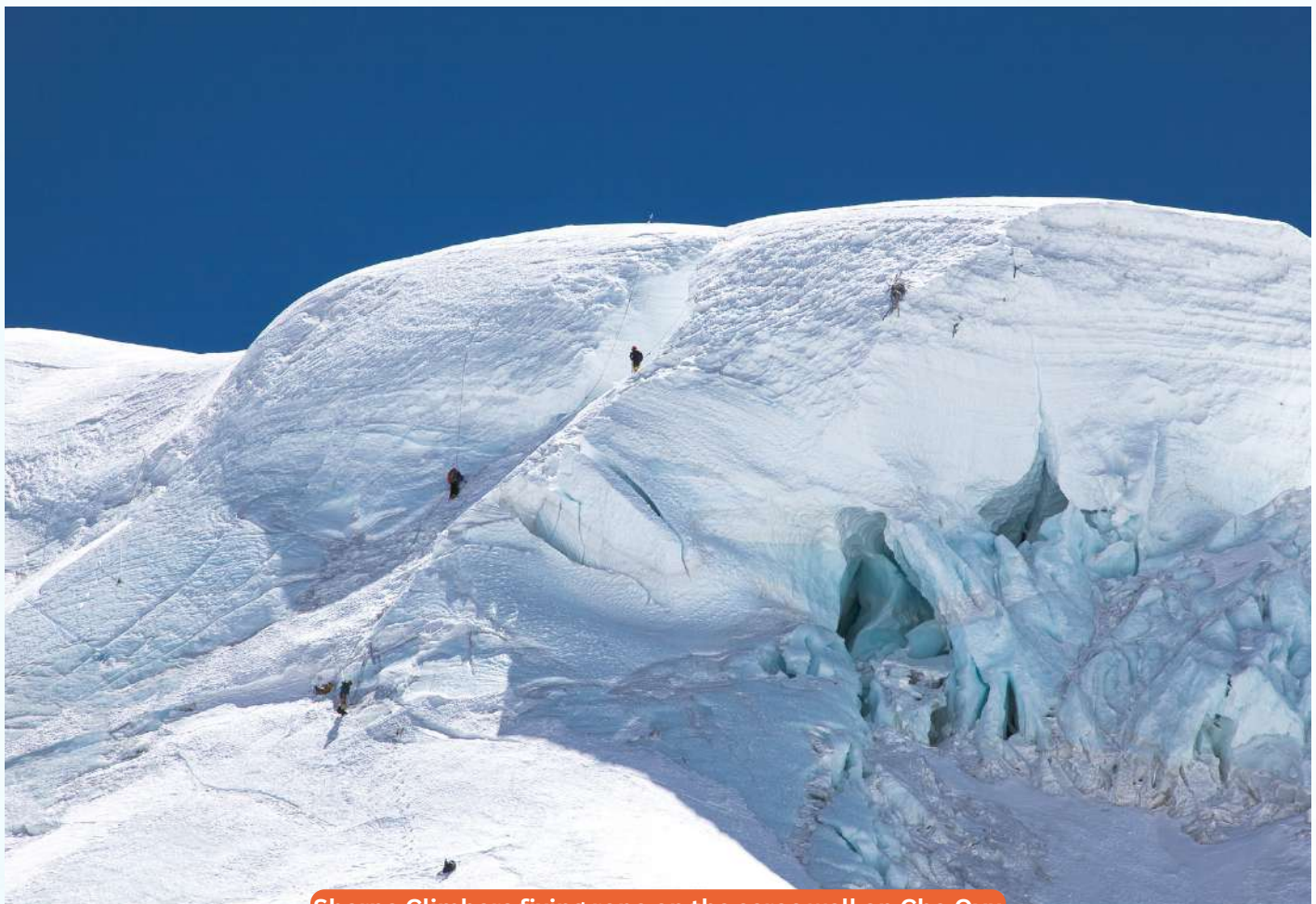
|            |   |
|------------|---|
| Day 01     | Arrive Kathmandu 1330 m                       |
| Days 02/03 | Rest/Preparation for Travel Permit to Tibet   |
| Day 04     | Flight to Lhasa 3,656 m                       |
| Day 05     | Drive to Shigatse 3,900 m                     |
| Day 06     | Drive to Tingri 4,350 m                       |
| Day 07     | Acclimatization Day at Tingri 4,350 m         |
| Day 08     | Drive to Chinese Base Camp 4,800 m            |
| Day 09     | Acclimatization Day                           |
| Day 10     | Trek to Advance Base Camp 5,700 m             |
| Day 11/13  | Acclimatization Day and Organizing Equipment  |
| Day 14/19  | High Camp Rotation                            |
| Day 20/27  | Summit Window                                 |
| Day 28     | Trek to Chinese Base Camp and Drive to Tingri |
| Day 29     | Drive to Nepal through Tibet Border           |
| Day 30     | Drive to Kathmandu                            |
| Day 31     | Final Departure                               |

# Cho Oyu Expedition Altitude Profile





# Cho Oyu Climbing Map



Sherpa Climbers fixing rope on the serac wall on Cho Oyu

## Cost Inclusions

- **Departure and arrival shuttle** to and from the airport and hotels
- **CTMA climbing permit** and other costs, such as Tibet visa and travel permit
- **Applicable local and government taxes**
- **Land transportation** on private vehicles both in Nepal & Tibet as per the itinerary
- **Bed and Breakfast** for 6 Nights' Accommodation at 5-Star Hotel (Radisson Hotel) in Kathmandu (Twin sharing basis)
- **Tibet's quality Hotels/Lodges**
- **Accommodation on full board** (breakfasts, lunches & dinners) during the road transfers.
- **Individual sleeping tent** with mattress for base camp accommodation
- **Base camp services** (shared with group) includes a cooking tent with a chef and a kitchen boy, a dining tent with tables and chairs, a shower tent, a toilet tent, a storage tent, a gas heater, and solar electricity for battery charging
- **High altitude foods** during the climb having high calories
- **3 Oxygen bottles** (4l) for each member & 2 oxygen bottles (4l) for climbing sherpa
- **1 climbing Sherpa** for 1 climbing member during the expedition
- **Medical Kit** carried by the Guide/ Sardar
- **Walkie-Talkie and Satellite Phone** (Charges Per Call)
- **Sherpa's remuneration** and load-bearing bonus (this bonus does not include the summit bonus)
- **Required number of porters/yaks** to and from base camp and return
- **Climbing equipment**, transportation, lodging, food, salary, and insurance for Sherpas and other staff are all provided.
- **Heli flights** from Syabrubesi to Kathmandu; you may avoid long, exhausting car rides while still taking in the sights of the charming tiny cities and hamlets you passed by on your route (\*optional).
- **Welcome and Farewell Dinner** in Kathmandu at an Authentic Nepali Restaurant.



## Cost Exclusions

- International airfare to and from Kathmandu
- Nepal Visa fee
- Travel & medical insurance including insurance for emergency rescue & evacuation
- Lunches and dinners in Kathmandu
- Personal expenses such as telephone, laundry, bottled water, bar bills, etc.
- Trekking/Climbing gear (also available on hire)
- Summit Bonus for Sherpa & tips for local staffs (\$1200+300)
- Cost for the daily weather forecast
- Tips for the staff as a gratitude
- Any extra cost arising out of natural calamities or cancellation of the program
- All other items not mentioned in the list of 'Inclusions'



# Trip Preparation

## Guide to a safe adventure in Nepal!

### Visa Process

The Immigration Office at entry points has been facilitating passengers traveling to Nepal by offering Visas on Arrival. The 'On Arrival' visa procedure is simple and quick. In addition, you can apply for a visa at a Nepali diplomatic office abroad before you travel.

After obtaining a visa from a Nepali diplomatic post, you have a six-month window to enter Nepal. Only once you reach Nepal will the length of your stay be calculated.

### Covid-19 Updates

#### Fully vaccinated

All you need is the official Proof of Vaccination, The vaccine should be administered 14 days prior before making visit.

#### If un-vaccinated or partially vaccinated

All you need is a PCR-Negative report taken 72 hours prior to boarding. \*not required for children below 5 years.

### Before your visit

Incident or harm, While traveling, unanticipated events can occur, although they are uncommon. So, Expedition Himalaya wants to make sure you have the best possible travel insurance for your trip covering Heli evacuation for emergencies

We suggest that you consult with your doctor and get vaccinated prior to your travel. Because health care is scarce in rural regions, get Hepatitis A and B vaccines, as well as tetanus, typhoid, and polio jabs.

### During your stay - responsible practices

- Maintain distance where possible and mask up in public
- Respect local guidelines, culture, traditions, and inhabitants
- Please follow Leave No Trace and help maintain our green and clean world.

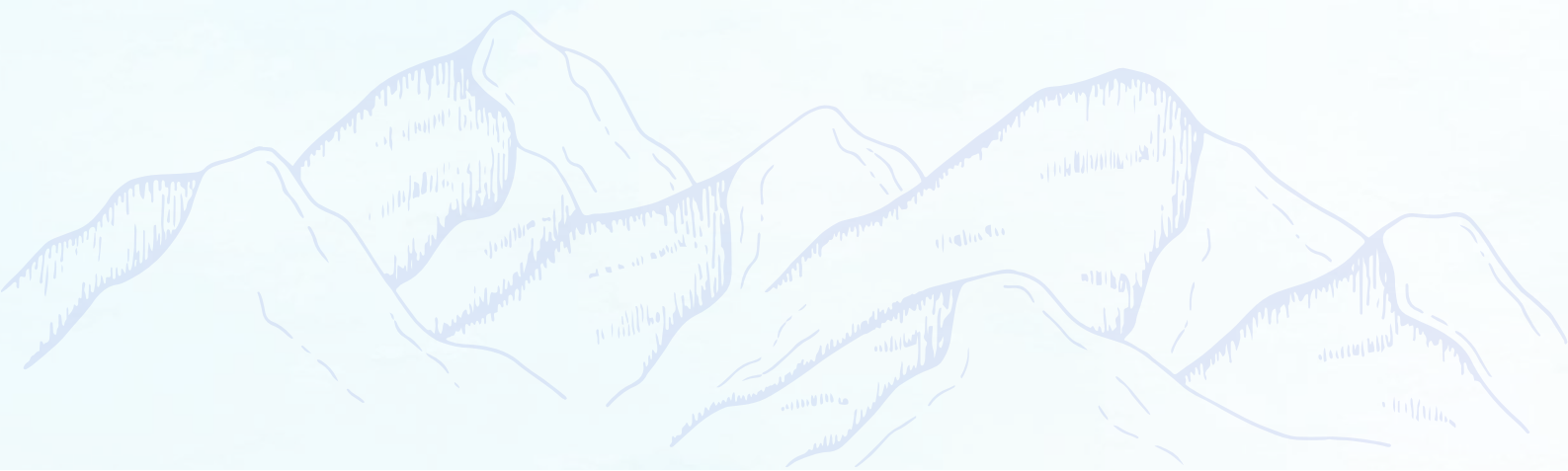


## Essentials

- Maintain good health before travelling and get proper health checkups.
- There may not be a POS machine in rural Nepal, and cash is typically the preferred means of payment, so always have adequate cash.
- We suggest you carry a personal first aid kit with medicines prescribed by your doctor.
- Carry appropriate gear and equipment for varied weather conditions based on season, as weather conditions are not stable and constantly change.



**The climbing face of Cho Oyu (Tibet Side)**







Gyachung Kang (7952 m) to the left and Cho Oyu (8201 m) to the right seen from the Tibetan highlands



**Expedition Himalaya.com**

Lazimpat, Kathmandu, Nepal

[www.expeditionhimalaya.com](http://www.expeditionhimalaya.com)

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