

SHISHAPANGMA

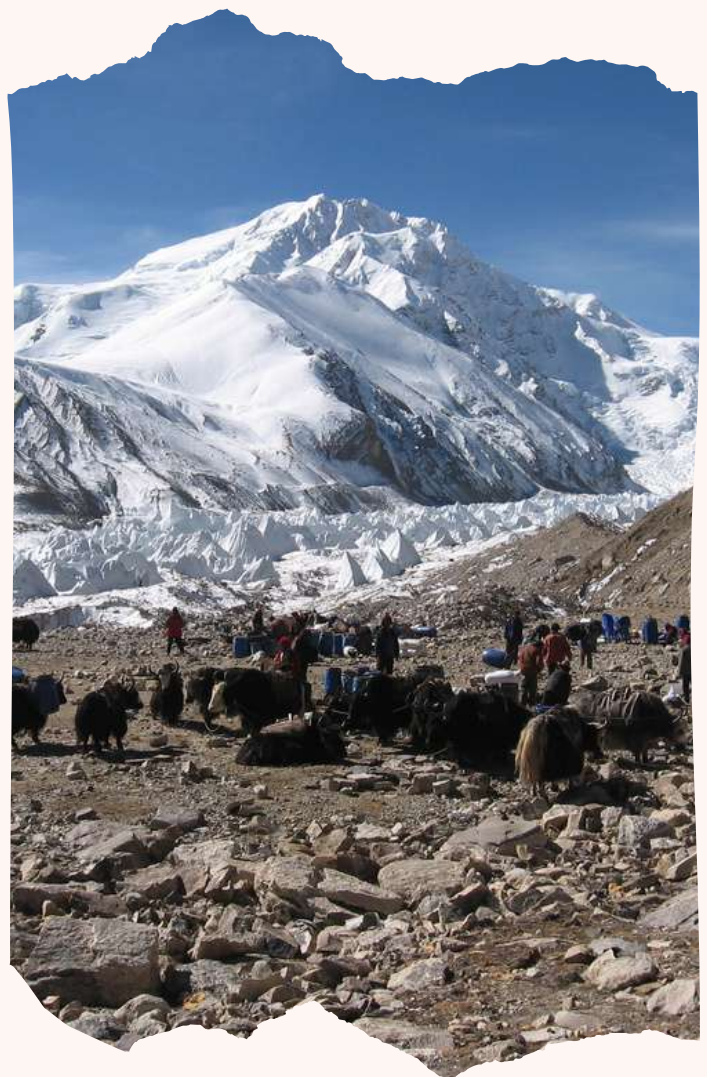
Journey to the 14th highest summit of the world!



Introduction!

Shishapangma, the 14th highest mountain in the world, stands at an elevation of **8,027 meters (26,335 feet)** and is often considered to be the **safest and easiest peak** among the 8000ers because of its low vertical relief. It is located completely within the Nyalam county of Tibet, China. The mountain is referred to as **Gosainthan** by the Hindu pilgrims, which means the abode of the gods while the Chinese call it **Xixabangma**. The name Shishapangma means 'crest above the grassy plains.' Its **first ascent** dates back to **May 2, 1964**, when an all Chinese team reached the summit.

Shishapangma's summit often draws questions from climbers as the **main summit, 8027 m**, is seldom climbed since it is located further from the **central summit, 8013 m**. The fact that the true summit is located at the end of a lengthy, exposed, and frequently heavily overshadowed ridge has led climbers to celebrate their success on the central summit. Shishapangma lies 30 kilometers north of the China-Nepali border in the **Langtang Himal range**.





Mountain Facts

- **Elevation:** 8027 meters; 26,335 ft
- **Location:** Central Tibet, China (Latitude: 28°21'12"; Longitude: 86°46'42")
- **Range:** Jugal/Langtang Himal
- **Rank:** 14th highest Mountain in the world
- **Classification:** 8000er Ultra (UIAA)
- **Standard Climbing Route:** NW-Ridge Route

Trip Facts

- **Duration:** 37 days
- **Starts in:** Kathmandu
- **Ends in:** Kathmandu
- **Climb Grade:** Challenging
- **Best Season:** Autumn (Sep-Dec)
- **Activities:** Mountaineering
- **Meal Plan:** Full Board (B/L/D)
- **Accommodation:** Hotels, Tea Houses and Camping
- **Transportation:** Road transportation & Helicopter



Climbing History of Shishapangma

- **1964** – First expedition via Northern Route by a Chinese expedition led by Xǔ Jìng.
- **1982** – First ascent of “British Route”, southwest face by Doug Scott, Alex Macintyre, and Roger Baxter-Jones.
- **1999** – First Ski descent from the central summit by Edmond Joyeusaz.
- **2005** - First winter ascent by Piotr Morawski and Simone Moro
- **2016** – Expedition Himalaya’s first commercial team successfully summited Shishapangma.

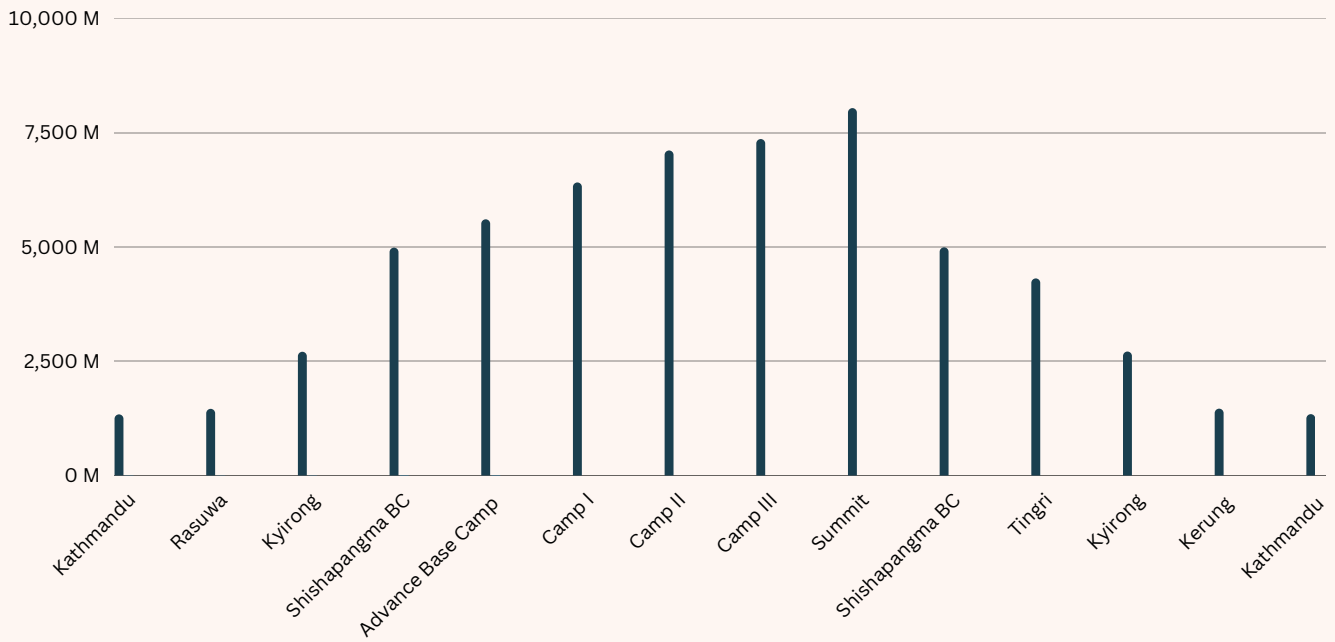
Our Shishapangma Special!

- Customizable packages from normal to deluxe
- Highly qualified and experienced climbing guides and supporters’ team
- Full-proof documentation so you don't have to worry a bit
- Every attempt to make your summit dream come true
- Sightseeing in Kyirong and around
- Heli flights from Syabrubesi to Kathmandu; you may avoid long, exhausting car rides while still taking in the sights of the charming tiny cities and hamlets you passed by on your route.
- Required numbers of porters and yak for Basecamp to Advance camp logistic shuttle
- Sustainable and environment-friendly operation module
- Expedition Himalaya is built on the foundation of social principles; we give back to the Himalayan communities as we make it.

Brief Itinerary

Day 01	Arrive Kathmandu 1330 m (4,364 ft)
Day 02 - 04	Rest / Visa application, document preparation and sight seeing
Day 05	Drive to Rasuwa, Timure 1450 m (4,757 ft)
Day 06	Drive to Kyirong – Cross border 2700 m (8,858 ft)
Day 07	Acclimatization at Kyirong 2700 m (8,858 ft)
Day 08	Drive to Shishapangma Base Camp 4980 m (16,339 ft)
Day 09 – 10	Rest and Acclimatization at Base Camp 4980 m (16,339 ft)
Day 11	Puja ceremony at Basecamp 4980 m (16,339 ft)
Day 12 – 30	Climbing Period (Rotations and Summit push) 8027 m (26,335 ft)
Day 31	Rest, Summit success celebration and final pack up
Day 32	Drive to Tingri 4300 m (14,108 ft)
Day 33	Drive to Kyirong 2700 m (8,858 ft)
Day 34	Drive to Kerung – Cross border 1450 m (4,757 ft)
Day 35	Fly to Kathmandu via Helicopter 1330 m (4,364 ft)
Day 36	Leisure Day in Kathmandu 1330 M (4,364 Ft)
Day 37	International Departure

Shishapangma Expedition Altitude Profile



Shishapangma Climbing Map

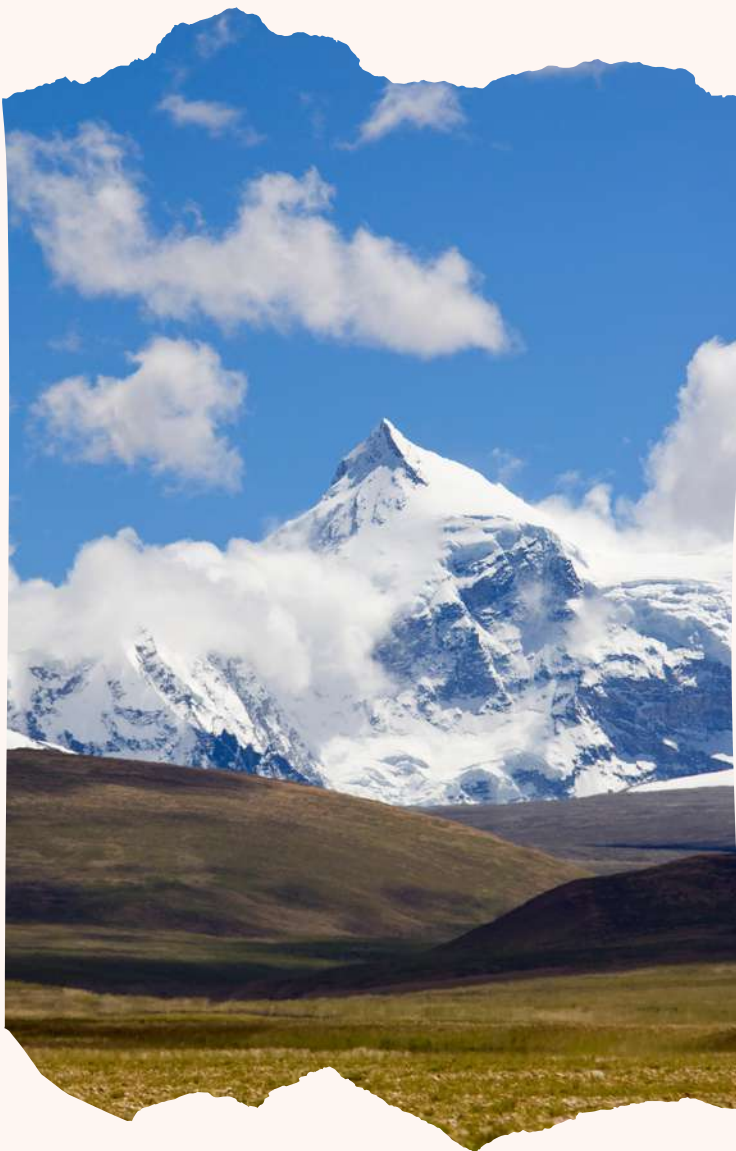


Cost Inclusions

- **Departure and arrival** shuttle to and from the airport and hotels
- **CTMA climbing permit** and other costs, such as Tibet visa and travel permit
- **Applicable local and government taxes**
- Surface transportation on **private vehicles** both in Nepal & Tibet as per the itinerary
- **Bed and Breakfast** for 6 Nights' Accommodation at **5-Star Hotel (Raddison Hotel)** in Kathmandu (Twin sharing basis)
- **Tibet's Quality Hotels/Lodges**
- **Accommodation on full board** (breakfasts, lunches & dinners) during the road transfers.
- Individual **sleeping tent with mattress** for base camp accommodation
- **Base camp service (shared with the group)** includes a cooking tent with a chef and a kitchen boy, a dining tent with tables and chairs, a shower tent, a toilet tent, a storage tent, a gas heater, and solar electricity for battery charging
- **High-altitude foods** during the climb having high calories
- **3 oxygen bottles** (4L) for each member & 2 oxygen bottles (4L) for climbing sherpa
- **1 climbing Sherpa** for 1 climbing member during the expedition
- **Medical Kit** carried by the Guide/ Sardar
- **Walkie-Talkie** and **Satellite Phone** (Charges Per Call)
- **Sherpa's remuneration** and load-bearing bonus (this bonus does not include the summit bonus)
- **Required number of porters/yaks** to and from base camp and return
- Climbing equipment, transportation, lodging, food, salary, and insurance for **Sherpas and other staff** are all provided.
- **Heli flights** from Syabrubesi to Kathmandu; you may avoid long, exhausting car rides while still taking in the sights of the charming tiny cities and hamlets you passed by on your route.
- **Welcome and Farewell Dinner** in Kathmandu at an Authentic Nepali Restaurant.

Cost Exclusions

- **International airfare** to and from Kathmandu
- **Nepal Visa** fee
- **Travel & medical insurance** including insurance for emergency rescue & evacuation
- **Lunches and dinners** in Kathmandu
- **Personal expenses** such as telephone, laundry, bottled water, bar bills, etc.
- **Trekking/Climbing gear** (also available on hire)
- **Summit Bonus for Sherpa** & tips for local staffs (\$1200+200)
- **Cost for the daily weather forecast**
- **Tips** for the staff as a gratitude
- **Any extra cost** arising out of natural calamities or cancellation of the program
- **All other items** not mentioned in the list of 'Inclusions'



Trip Preparation

Guide to a safe adventure in Nepal!

Visa Process

The Immigration Office at entry points has been facilitating passengers traveling to Nepal by offering Visas on Arrival. The 'On Arrival' visa procedure is simple and quick. In addition, you can apply for a visa at a Nepali diplomatic office abroad before you travel.

After obtaining a visa from a Nepali diplomatic post, you have a six-month window to enter Nepal. Only once you reach Nepal will the length of your stay be calculated.

Covid-19 Updates

Fully vaccinated

All you need is the official Proof of Vaccination, The vaccine should be administered 14 days prior before making visit.

If un-vaccinated or partially vaccinated

All you need is a PCR-Negative report taken 72 hours prior to boarding. *not required for children below 5 years.

Before your visit

Incident or harm, While traveling, unanticipated events can occur, although they are uncommon. So, Expedition Himalaya wants to make sure you have the best possible travel insurance for your trip covering Heli evacuation for emergencies

We suggest that you consult with your doctor and get vaccinated prior to your travel. Because health care is scarce in rural regions, get Hepatitis A and B vaccines, as well as tetanus, typhoid, and polio jabs.

During your stay - responsible practices

- Maintain distance where possible and mask up in public
- Respect local guidelines, culture, traditions, and inhabitants
- Please follow Leave No Trace and help maintain our green and clean world.

Essentials

- Maintain good health before travelling and get proper health checkups.
- There may not be a POS machine in rural Nepal, and cash is typically the preferred means of payment, so always have adequate cash.
- We suggest you carry a personal first aid kit with medicines prescribed by your doctor.
- Carry appropriate gear and equipment for varied weather conditions based on season, as weather conditions are not stable and constantly change.





Inquire Now!

Expedition Himalaya.com

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