



EXPEDITION HIMALAYA

NEPAL'S LEADING EXPEDITION OPERATOR

AMAZING HIMALAYAN ADVENTURES WITH PEOPLE WHO UNDERSTAND THE MOUNTAINS



“ OUR STORY

Expedition Himalaya was founded in 2011 to provide seamless and unique experiences to adventurers and travelers in the Himalayas. Since its inception, the company has realized the dreams of innumerable travelers and adventurers seeking an adventure of a lifetime in the Himalayas. Expedition Himalaya is the dream child of an elite group of mountaineers and tourism experts who seek to promote and innovate mountain tourism in the Himalayas. We are based in Nepal and have been recognized by the Government of Nepal as a Himalayan adventure operator.

Professionalism, integrity, and transparency are some of our core values. Despite running high-risk expeditions in the Himalayas, we feel proud of our 100% safety record. All our clients have returned safely from the mountains. We have organized expeditions for world-renowned adventure companies like Mountain Trip, Getaway Adventures, Altitude Junkies, etc. Well-known adventure companies based in Australia, the UK, the USA, and Europe have been our clients. Nat Geo Adventures and Nelson Dellis (USA Memory Champion and a competitive memory athlete) are our recent high-profile clients.

Safety is what matters, especially now, when the Covid-19 pandemic has made us all vulnerable. At Expedition Himalaya we have taken measures to ensure that you have a safe trip. All our staff is vaccinated. They have been trained to follow strict health and safety protocols while traveling.

TEAM

NABIN TRITAL

MANAGING DIRECTOR



Mr. Nabin Trital is a well-known name in the Nepalese Tourism Industry. He has been an active promoter of Himalayan adventure tourism for more than two decades and is a recognized figure in the Nepalese tourism industry.

To provide a seamless and safe travel experience in the Himalayas, he founded Expedition Himalaya together with his partner in 2011. More than the success of a trip, a client's satisfaction and safety are important for Mr. Trital. And for this reason, he fully immerses himself from the planning stage of any given trip to its completion. His expertise in logistic planning has been instrumental in shaping the company's success over the years.

He's very enthusiastic about trying out new technologies that could help the travel industry. A well-traveled person, he has visited the United Kingdom, USA, Russia, Malaysia, Thailand, China, Singapore, and India. He has trekked through all the major trekking trails in Nepal and has participated in adventures (rafting, canyoning, peak climbing, etc.) throughout the country.

He is an executive member of the Expedition Operator's Association of Nepal and Senior Vice President of TAAN (Trekking Agencies Association of Nepal).

DA GELJE SHERPA (DAWA)

EXPEDITION DIRECTOR



With more than three decades of climbing experience, Da Gelje Sherpa is a respected name in the Sherpa climbing community. A native of SoluKhumbu, he started his career as a mere porter in the Himalayan mountains. Later on, he was appointed as a cook for a company conducting trekking and mountaineering expeditions. He later took a trekking and mountaineering guide course, earned his license, and became a full-fledged mountain guide.

Dawa has climbed almost all the eight-thousanders. He has been on the summit of Mount Everest (8848m), Shisapangma (8027m), Dhaulagiri (8167m), and Cho Oyu (8188m) multiple times. He also leads expeditions to other lesser peaks every season. Having guided trekking and mountaineering groups to all the regions in Nepal, Dawa possesses local knowledge of the mountain terrain and culture. Being a Sherpa himself, he understands the mountains and knows what works in the high-altitude terrain.

Dawa is the President of the High Altitude Mountain Worker Welfare Association (HAMWWA) and a general member of the Nepal Mountaineering Association (NMA).



OFFICE STAFF

We have a group of skilled professionals stationed at our head office in Kathmandu. The Travel Consultants are in charge of communicating and building relationships with the clients, while the Marketing and IT staff are responsible for the sales and marketing of the company's products. The Finance Team handles the company's finances.



FIELD STAFF

Expedition Himalaya has an experienced team of trekking and climbing guides. Most of them belong to the Sherpa community and have been brought up in the mountains. Being locals of the region where our clients travel to, they are able to provide an authentic experience while guiding our clients. We also have a large group of assistant guides, cooks, and kitchen helpers to facilitate our camping and expedition crew.



WHAT DO WE DO?

MOUNTAINEERING EXPEDITIONS

We organize mountaineering expeditions for our clients to all Himalayan mountains open for commercial expeditions in Nepal, Tibet, and Bhutan. From permits to expedition logistics, we handle everything. We use high-quality gear and equipment and our climbing Sherpas are some of the best in the Himalayas. Since we started our operations in 2011, we have been organizing expeditions to Mount Everest (South side) each season.



TREKKING

From classic routes to newly discovered off-the-beaten trails, we offer unforgettable trekking trips to the Himalayas. Get high up on the popular Everest or Annapurna trails, or explore the rarely visited Tsum or Limi valleys. Enjoy inspiring mountain views and discover amazing cultures. Walk with us on the foothills of some of the highest peaks in the world and get a new perspective of our amazing world. We organize tea house as well as camping or fully organized treks. We also logistic support (permit, guide or porter only) to independent trekkers



WILDLIFE SAFARI & BIRD WATCHING TOURS

Nepal is home to some of the world's endangered animal and avian populations. The country's national parks and wildlife reserves are home to rare Himalayan flora and fauna. We take you to explore the habitats of one-horned rhinoceros, Royal Bengal Tiger, elephants, and Red-Headed vultures. Chitwan National Park, Bardiya National Park, and KoshiTappu Wildlife Reserve are some of the go-to places for an incredible wildlife experience.



GAP YEAR ADVENTURES

The Himalayas are a haven for outdoor adventures and we offer our clients the most thrilling outdoor activities out there. You can go skydiving, paragliding, bungee jumping, and zip lining in Pokhara. Water adventures include white water rafting, canyoning, and kayaking. You can also take a mountain flight or a helicopter tour and enjoy a bird's eye view of the Himalayas.



CITY & CULTURAL TOURS

Our city and cultural tours help you discover the rich culture and heritage of Nepal, Tibet, and Bhutan. In Nepal, as per your itinerary, you get to visit the medieval kingdoms of the Malla kings and the UNESCO World Heritage Sites. Kathmandu, Pokhara, Chitwan, and Lumbini are some of the most popular destinations for City & Cultural Tours.

In Tibet, you get to tour Lhasa, Shigatse, and Gyantse and discover the rich Buddhist heritage of the Tibetans. In Bhutan, you get to explore Thimphu - the country's capital, Paro, Punakha, Phobjika, and Haa Valley.



PILGRIMAGE TOURS

The Himalayas are known as the 'abode of gods'. In Nepal, Tibet and Bhutan there are several Hindu and Buddhist pilgrimage sites. We offer pilgrimage tours for both Hindus and Buddhists. Visit the sacred Pashupatinath Temple, Muktinath Temple, and the shrines of the Goddess Durga in Nepal. Lumbini, the birthplace of Lord Buddha is situated in Nepal. We also run KailashYatra to Mount KailashParvat in Tibet for Hindus, Buddhists, and Jains. For devout Buddhists, we run a multi-country pilgrimage tour covering all the major Buddhist pilgrimage sites in Nepal, Bhutan, and Tibet.



IMMERSIVE VILLAGE TOURS & HOMESTAYS

We offer immersive cultural tours in traditional villages where you get to stay and spend time with local families. During your stay with the local host family, you will be counted as a family member and you get to help in the daily chores (working in the field, housework, etc.).



OTHER ADVENTURES

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WHERE DO WE OPERATE?

NEPAL



While we organize adventure trips and tours all over Nepal, East, west, north, and south – we cover all destinations that are open for tourists. Whether it is a tough mountaineering expedition or a grueling trek in the Himalayas, an exploration of heritage sites, or an immersive village tour, we will take you wherever your heart desires.

TIBET



Because of limited access in the Tibet Autonomous Region of China, we only offer tours to some selective destinations in Tibet. Expeditions to Mount Everest (North Side) and Shisapangma are organized whenever commercial expeditions are allowed by the authorities. We also run overland tours to Lhasa, Shigatse, Gyantse, and Kailash as and when the country is open for visitors.

BHUTAN



Once known as the hidden Shangri La where foreigners were barred from entering, Bhutan has become the hottest destination in South Asia. Travel with us and explore Bhutan's scenic tourist sites and cities. Visit the awe inspiring dzongs or fortresses, traditional castles and Buddhist shrines. Hike around paddy fields and hill top monasteries. Stay with local families in Bhutanese villages and discover more of their unique culture. Trek through the lonely trekking trails covered by pristine forests. We also organize mountaineering expeditions in Bhutan.



10 REASONS TO TRAVEL WITH US IN THE HIMALAYAS

INSIDER'S KNOWLEDGE

Our team is made up of tourism industry experts who have spent years organizing and leading tours, treks, and expeditions. We have grown up in the mountains and know every bit of the mountain terrain and cities we take you to. We have a vast network of local vendors or suppliers (hotels, airline companies, transport agencies, etc.) who help us in arranging a hassle-free trip for you.

TIMELY RESPONSE & LOGISTIC SUPPORT

When you reach out to us our Travel Consultants make it a point to answer your queries as promptly as possible. Even after you book a trip with us, we make it a point to connect with you from the start of the journey to the end of your trip, so as to make it easier for you to reach out in case you face any issues during your trip. From permits, internal flights, accommodation, transportation, etc., we offer all kinds of logistic support you may need.

FLEXIBLE

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RELIABLE

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HIGH-QUALITY CLIMBING EQUIPMENT

For our mountaineering expeditions we use high-quality equipment. The tents, ropes, helmets, ice axe, etc., are of premium quality.

EXPERIENCED LOCAL GUIDES

We have in our team some of the well-known names and reputed local climbers in Nepal. All of them have to their credit summits to some of the highest mountains in the world including Mount Everest (8848m). Our trekking guides have undergone rigorous training in wilderness survival and have the required license to work as trekking guides. They are also trained in First Aid and altitude mountain sickness safety protocols. Being locals they will offer an insight into the local culture and traditions.

TOP PRIORITY TO SAFETY

Our trips are 100% safe and secure. We do not compromise on safety and always make it a point to ensure that you stay safe while on a trip with us. During high-altitude adventures, our staff will regularly monitor your health and advise you as befits the situation. Although we conduct mountaineering expeditions in some of the most difficult and treacherous terrains, we are proud to declare that we had no mishaps or accidents. All our clients, whether they be mountaineers or trekkers, have returned safely from their trip.

VARIETY

Though we started as an adventure outfitter, we now offer a variety of trips for all types of travelers. We have a range of city and cultural tours where one can visit cultural hotspots in different cities. We arrange village tours and homestays for those who want an immersive experience. For families traveling with kids, we have designed fun-filled and thrilling itineraries. For devout Hindus and Buddhists, we have our Hindu and Buddhist Pilgrimage Tours covering all the sacred destinations.

SUSTAINABLE TRAVEL

We make it a point to run our trips sustainably. We try to minimize the use of plastic and encourage our clients to use reusable water bottles. After every expedition, our staff makes it a point to clean up the camp area and collect the waste. While traveling in the mountains we stay at local lodges thus boosting the local economy. Expedition Himalaya supports local businesses that are community-run and adopt environment-friendly practices.

COMMUNITY SUPPORT

Expedition Himalaya, since its inception, has worked tirelessly to support local communities. During the 2015 earthquake that devastated Nepal, the company worked closely with other organizations in distributing aid (food, clothes, blankets, etc.). The company helped rebuild schools and donated computers and books in Rasuwa and Dhading.

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LIST OF MOUNTAINEERING EXPEDITIONS ORGANIZED BY EXPEDITION HIMALAYA

YEAR EXPEDITION PROJECTS

2012 AD	EVEREST EXPEDITION: PROJECT HIMALAYA
2012 AD	EVEREST EXPEDITION (NORTH): ALTITUDE JUNKIES
2012 AD	EVEREST EXPEDITION (NORTH): INTERNATIONAL
2013 AD	MANASLU EXPEDITION: ALTITUDE JUNKIES
2013 AD	EVEREST EXPEDITION(SOUTH): MOUNTAINTRIP
2013 AD	SHISHAPANGMA EXPEDITION: INTERNATIONAL
2014 AD	EVEREST EXPEDITION: MOUNTAIN TRIP (SOUTH)
2014 AD	MAKALU EXPEDITION: INTERNATIONAL
2014 AD	LHOTSE EXPEDITION: INTERNATIONAL
2014 AD	EVEREST EXPEDITION: ALTITUDE JUNKIES
2014 AD	MANASLU EXPEDITION: ALTITUDE JUNKIES
2015 AD	EVEREST EXPEDITION: MOUNTAIN TRIP
2015 AD	EVEREST EXPEDITION (NORTH): INTERNATIONAL
2015 AD	SINGHACHULI EXPEDITION: INTERNATIONAL
2015 AD	BARUNTSE EXPEDITION: JAPANESE
2015 AD	MANASLU EXPEDITION: ALTITUDE JUNKIES
2016 AD	EVEREST EXPEDITION: ALTITUDE JUNKIES
2016 AD	EVEREST EXPEDITION: INDIAN ARMED FORCE
2016 AD	EVEREST EXPEDITION: MOUNTAIN TRIP
2016 AD	MAKALU EXPEDITION: INTERNATIONAL
2016 AD	DHAULAGIRI EXPEDITION: ALTITUDE JUNKIES

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YEAR EXPEDITION PROJECTS

2016 AD	CHOLATSE EXPEDITION: ALTITUDE JUNKIES
2016 AD	CHO OYU EXPEDITION (NORTH): INTERNATIONAL
2016 AD	SHISHAPANGMA EXPEDITION (NORTH): INTERNATIONAL
2017 AD	EVEREST EXPEDITION (NORTH): INTERNATIONAL
2017 AD	MAKALU EXPEDITION: ALTITUDE JUNKIES
2017 AD	EVEREST EXPEDITION: MOUNTAIN TRIP AND MOUNTAIN MADNESS
2018 AD	EVEREST EXPEDITION (NORTH): INTERNATIONAL
2018 AD	EVEREST EXPEDITION: ALTITUDE JUNKIES
2018 AD	CHOLATSE EXPEDITION: ALTITUDE JUNKIES
2018 AD	AMA DABLAM EXPEDITION: ALTITUDE JUNKIES
2019 AD	NAT GEO EVEREST EXPEDITION: EXPEDITION HIMALAYA
2019 AD	EVEREST EXPEDITION: K2 ADVENTURE
2019 AD	EVEREST EXPEDITION: SCOTT WOLLUMS
2019 AD	MAKALU EXPEDITION: ALTITUDE JUNKIES
2019 AD	CHOLATSE EXPEDITION: ALTITUDE JUNKIES
2019 AD	AMA DABLAM EXPEDITION: ALTITUDE JUNKIES
2021 AD	MOUNT EVEREST EXPEDITION (SOUTH), MOUNTAIN TRIP
2021 AD	MOUNT EVEREST EXPEDITION (SOUTH), EXPEDITION HIMALAYA
2021 AD	MOUNT EVEREST EXPEDITION (SOUTH), ALTITUDE JUNKIES
2021 AD	AMA DABLAM, ALTITUDE JUNKIES
2021 AD	BARUNTSE, EXPEDITION HIMALAYA

OUR CLIENT'S



OUR AFFILIATIONS





**The mountains are calling.
Grab your gear and join our adventure!**

CONTACT

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