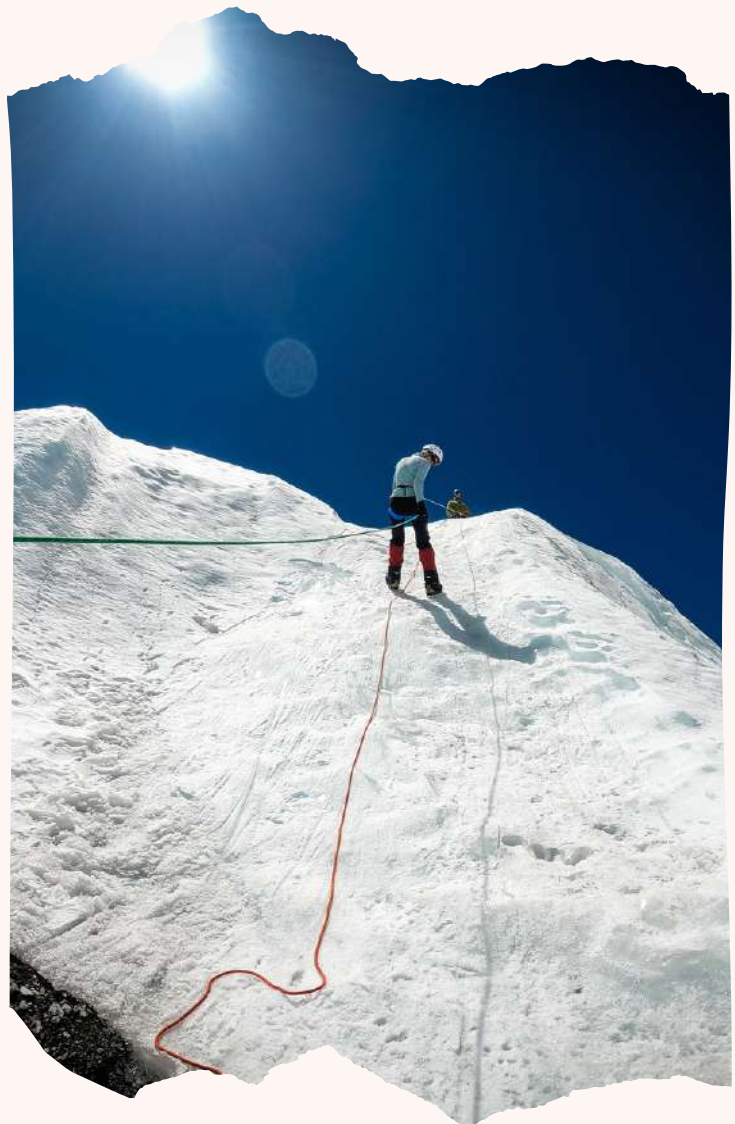

MT EVEREST EXPEDITION

Journey to the roof of the world!



Introduction!

Mount Everest is the highest mountain on Earth, towering **8,848.86 meters** (29,035 feet) above sea level. Everest expedition has long been a goal for thrill seekers, and reaching the summit of the peak is regarded as one of the pinnacles of mountaineering. We accept this difficult challenge every year in the spring by sending our team of experienced climbers to ascend Mount Everest through the South Col route. The **SE Ridge (South Col) route** was the first route on Mount Everest to be successfully ascended, and this accomplishment was completed in 1953 by **Sir Edmund Hillary and Tenzing Norgay Sherpa**. Since then, there have been over **7000 ascents** of Everest, most of them from the South Col route. It is without a doubt the mountain's most popular climbing route.





Mountain Facts

- **Elevation:** 8848.86 meters
- **Location:** Solukhumbu District, Nepal (Latitude: 27°59'17"; Longitude: 86°55'31)
- **Range:** Mahalangur Range; Khumbu Himal Sub Range
- **Rank:** Highest Mountain in the world
- **Classification:** 8000er Ultra (UIAA)
- **Standard Climbing Route:** SE-Ridge Route

Trip Facts

- **Duration:** 57 days
- **Starts in:** Kathmandu
- **Ends in:** Kathmandu
- **Climb Grade:** Challenging
- **Best Season:** Spring (Apr-May)
- **Activities:** Trekking and Mountaineering
- **Meal Plan:** Full Board (B/L/D)
- **Accommodation:** Tea Houses and Camping
- **Transportation:** Domestic Heli Flights



Climbing History of Everest

- **1921** – First Reconnaissance expedition from Tibet
- **1922** – First attempt of Everest
- **1924** – Third British expedition where famed climbers George Mallory and Andrew Irvine disappeared just 245 meters below the summit
- **1950** – First reconnaissance expedition from the Nepal side
- **1952** – Swiss attempt on which Raymond Lambert and Tenzing Norgay reached 8595 meters
- **1953** – British expedition led by Col. John Hunt successfully summited Everest placing Kiwi Edmund Hillary and Indo-Nepali Tenzing Norgay Sherpa on the summit
- **2012** – Expedition Himalaya's first commercial team successfully summited Everest: Wasfia Nazreen (Bangladeshi female's successful Everest summit)
- **2011** – First successful ascent of Gangchempo Peak – 6387 meters in Langtang region
- **2019** – Expedition Himalaya organized National Geographic's Everest expedition

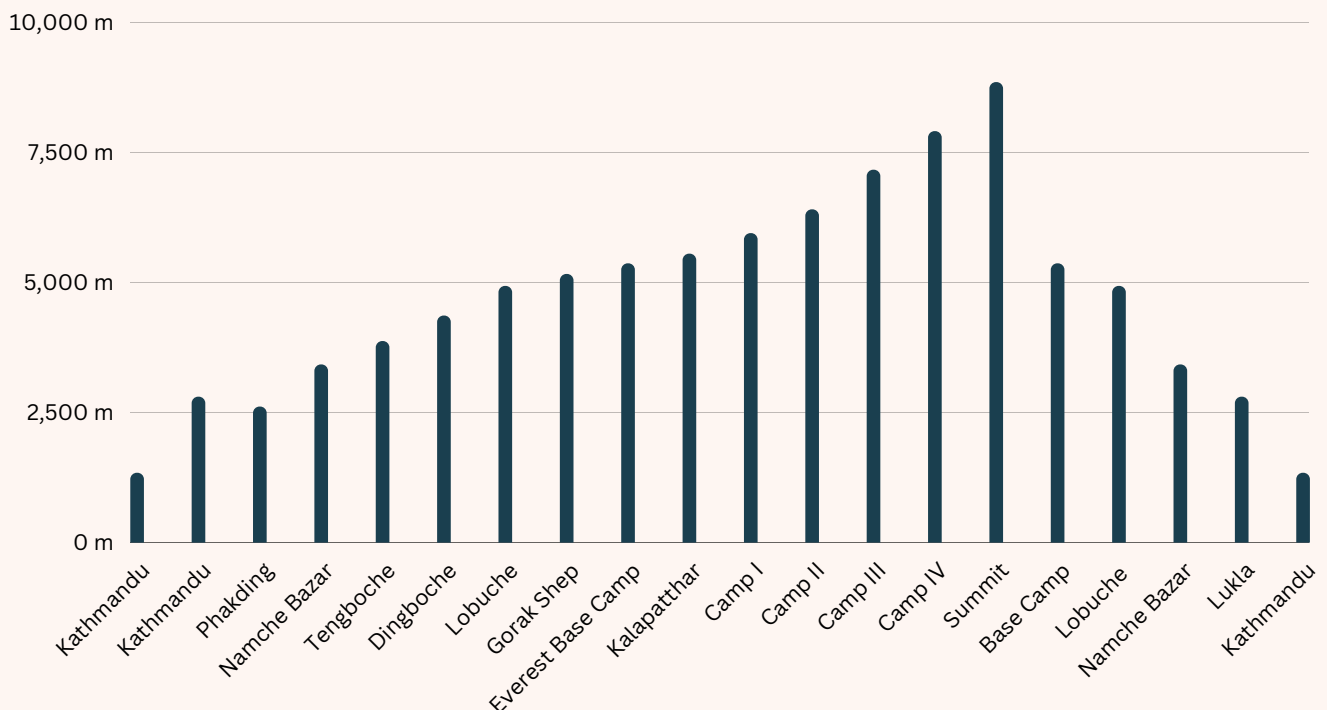
Our Everest Special!

- Customizable packages from normal to deluxe
- Highly qualified and experienced climbing guides and supporters team
- Full-proof documentation so you don't have worry a bit
- Direct Heli flights - Kathmandu to Namche and Basecamp to Kathmandu
- Every attempt to make your summit dream come true
- Sustainable and environment-friendly operation module
- Expedition Himalaya is built on the foundation of social principles; we give back to the Himalayan communities as we make it.

Brief Itinerary

Day 01	Arrive Kathmandu (1337m)
Days 02 & 03	Rest/preparation
Day 04	Direct Heli flight from Kathmandu to Namche Bazar (3420m)
Days 05 & 06	Acclimatization at Namche Bazaar (3420m)
Day 07	Trek Tengboche (3870m)
Day 08	Trek Dingboche (4360m)
Day 09	Rest/acclimatization
Day 10	Trek Lobuche (4930m)
Day 11	Trek Gorak Shep (5160m)
Day 12	Trek Everest Base Camp (5364m)
Days 13-55	Climbing Period (8848.86)
Day 56	Flight to Kathmandu from Base Camp via Helicopter
Day 57	Departure

Everest Expedition Altitude Profile



Everest Trekking Route Map



Everest Expedition Route Map

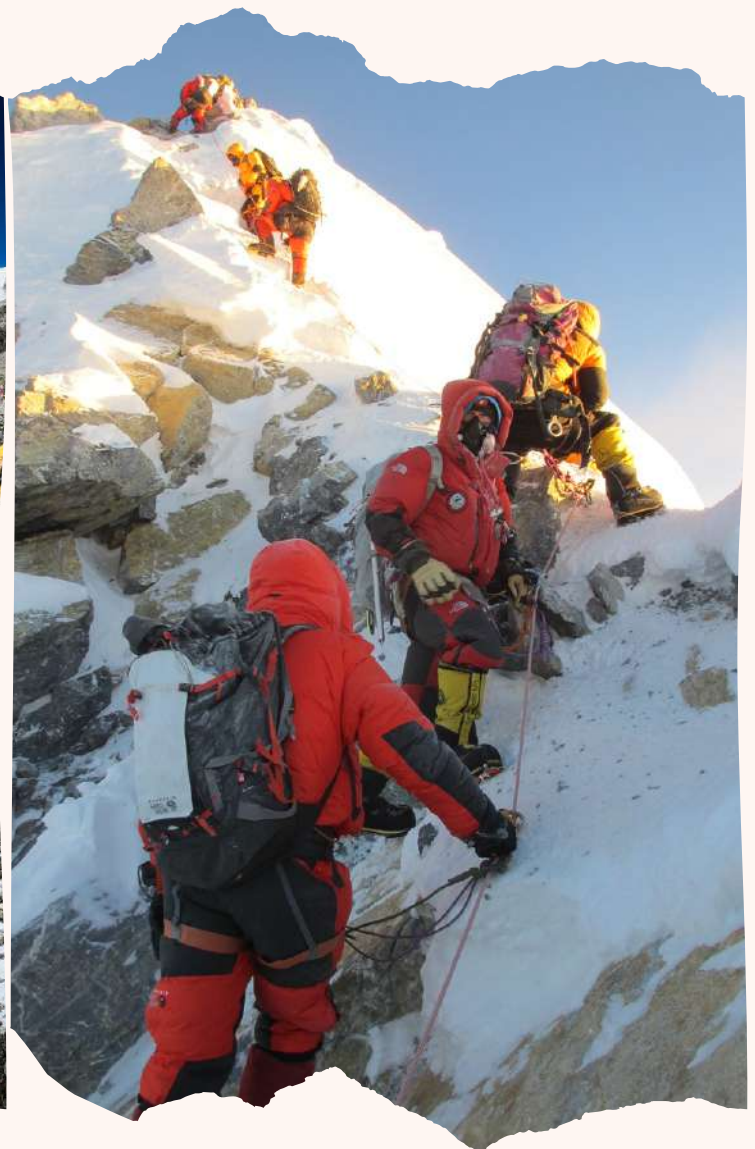


Cost Inclusions

- **Arrival & departure** transfer from and to the airport & hotels
- **4 nights bed & breakfast** accommodation in a **5-star hotel** in Kathmandu: **Radisson Hotel** Kathmandu (twin share basis)
- **Teahouse accommodation** on full board (breakfasts, lunches & dinners) during the trek
- **Base Camp accommodation** with an individual sleeping tent with comfortable mattress
- **Freshly cooked meals** prepared by our expert cook at base camp and Camp II.
- **Base Camp Services** (shared with the group) includes kitchen tent with the cook, kitchen boy, dining tent with tables and chairs, shower tent, toilet tent, storage tent, gas heater, etc.
- **All foods and Epi gas** for the members and staffs for their stay at high camps
- **Airfare:** Kathmandu/Lukla/ Kathmandu for members, staffs and liaison officer
- **1 Climbing Sherpa** for 1 climbing member during the expedition
- **All the Expenses of the liaison officer** such as equipment allowance and wages as per instructed by the Nepal Government.
- **Expedition Royalty** and **climbing permit** of Nepal Government to climb Mt. Everest (8848.86 meters).
- **Icefall Charges** by Sagarmatha Pollution Control Committee.
- **Sagarmatha National Park Permit**
- **Khumbu Entry Permit**
- **Required number of porters** with wages, equipment, medical and accidental insurances
- **Equipment allowance** and insurance for the climbing Sherpa's, cooks, and kitchen boys involved in an expedition
- **Helicopter Rescue Insurance** for high altitude climbing sherpa, cook, and staff.
- **Baggage Allowance** of 40 kg per member which will be carried by the porters.
- **6 Bottles of oxygen** with a mask regulator for each member
- **4 Bottles of oxygen** for the climbing Sherpa
- **Medical Kit** carried by the Guide/ Sardar
- **Walkie Talkie** and Satellite Phone (Charges Per Call)
- **Rope Fixing Charge**
- **Salary & load carrying bonus for Sherpa** (this does not include the summit bonus)
- **Farewell Dinner** at an authentic Nepali restaurant in Kathmandu
- **Applicable local and government taxes**

Cost Exclusions

- **International airfare** to and from Kathmandu
- **Nepal Visa** fee
- **Travel & medical insurance** including insurance for emergency rescue & evacuation
- **Lunches and dinners** in Kathmandu
- **Personal expenses** such as telephone, laundry, bottled water, bar bills, etc.
- **Trekking/Climbing gears** (also available on hire)
- **Summit Bonus for Sherpa** & tips for local staffs (\$1500+300)
- **Cost for the daily weather forecast**
- **Tips** for the staffs as a gratitude
- **Any extra cost** arising out of natural calamities or cancellation of the program
- **All other items** not mentioned in the list of 'Inclusions'



Trip Preparation

Guide to a safe adventure in Nepal!

Visa Process

The Immigration Office at entry points has been facilitating passengers traveling to Nepal by offering Visas on Arrival. The 'On Arrival' visa procedure is simple and quick. In addition, you can apply for a visa at a Nepali diplomatic office abroad before you travel.

After obtaining a visa from a Nepali diplomatic post, you have a six-month window to enter Nepal. Only once you reach Nepal will the length of your stay be calculated.

Covid-19 Updates

Fully vaccinated

All you need is the official Proof of Vaccination, The vaccine should be administered 14 days prior before making visit.

If un-vaccinated or partially vaccinated

All you need is a PCR-Negative report taken 72 hours prior to boarding. *not required for children below 5 years.

Before your visit

Incident or harm, While traveling, unanticipated events can occur, although they are uncommon. So, Expedition Himalaya wants to make sure you have the best possible travel insurance for your trip covering Heli evacuation for emergencies

We suggest that you consult with your doctor and get vaccinated prior to your travel. Because health care is scarce in rural regions, get Hepatitis A and B vaccines, as well as tetanus, typhoid, and polio jabs.

During your stay - responsible practices

- Maintain distance where possible and mask up in public
- Respect local guidelines, culture, traditions, and inhabitants
- Please follow Leave No Trace and help maintain our green and clean world.

Essentials

- Maintain good health before travelling and get proper health checkups.
- There may not be a POS machine in rural Nepal, and cash is typically the preferred means of payment, so always have adequate cash.
- We suggest you carry a personal first aid kit with medicines prescribed by your doctor.
- Carry appropriate gear and equipment for varied weather conditions based on season, as weather conditions are not stable and constantly change.





Expedition Himalaya.com
Lazimpat, Kathmandu Nepal
www.expeditionhimalaya.com



Inquire Now!